MINERAL NUTRITION

All organisms require macromolecules (carbohydrates, proteins, fats etc.), water & minerals for growth and development.

METHODS TO STUDY THE MINERAL REQUIREMENTS OF PLANTS

- The technique of growing plants in a defined nutrient solution (without soil) is known as **hydroponics**.
- It is demonstrated by Julius von Sachs (Germany, 1860).
- The nutrient solution is aerated for optimum growth.
- Hydroponics is used to identify the essential elements required for plants and their deficiency symptoms.
- In this, plant roots are immersed in nutrient solutions and an element is added / removed or given in varied concentration.

ESSENTIAL MINERAL ELEMENTS

- More than **60 elements** are found in different plants.
- Some plant species growing near mining sites accumulate selenium, gold etc. Some plants near nuclear test sites take up radioactive strontium.
- There are techniques to detect the minerals even at a very low concentration (10⁻⁸ g/mL).

Criteria for Essentiality of an element

- An element must be needed for normal growth and reproduction. In the absence of the element the plants do not complete their life cycle or set the seeds.
- The requirement of an element must be specific. i.e., deficiency of an element cannot be met by another element.
- It must be directly involved in the plant metabolism.

Only **17 elements** are absolutely essential for plant growth and metabolism.

Based on quantitative requirements, essential elements are 2 types: Macronutrients & Micronutrients.

i. Macronutrients

- They are present in plant tissues in large amounts (more than 10 mmole Kg⁻¹ of dry matter).
- They include carbon, hydrogen, oxygen, nitrogen, phosphorous, sulphur, potassium, calcium & magnesium.
- C, H & O are mainly obtained from $\mathrm{CO}_2\,\&\,\,\mathrm{H}_2\mathrm{O}.$ Others

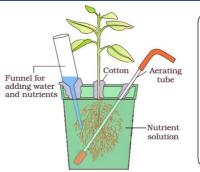
are absorbed from soil as mineral nutrition.

ii. Micronutrients (trace elements)

- They are needed in very small amounts (less than 10 mmole Kg^{-1} of dry matter).
- They include iron, manganese, copper, molybdenum, zinc, boron, chlorine and nickel.

Higher plants also need sodium, silicon, cobalt, selenium etc. Based on functions, essential elements are 4

- 1. Components of biomolecules & structural elements of categories: cells: E.g. carbon, hydrogen, oxygen & nitrogen.
- **2.** Components of energy-related chemical compounds: E.g. Mg in chlorophyll and phosphorous in ATP.
- **3. Elements that activate or inhibit enzymes:** E.g. Mg²⁺ is an activator for *RUBISCO & phosphoenol pyruvate carboxylase* (critical enzymes in photosynthetic carbon



Hydroponics is used for commercial production of vegetables such as tomato, seedless cucumber & lettuce.

fixation). Zn^{2+} is an activator of *alcohol dehydrogenase* and Mo of *nitrogenase* during nitrogen metabolism.

4. Elements that alter the osmotic potential of a cell: E.g. Potassium helps in opening & closing of stomata.

Role of Macro- and Micro-nutrients

Essential elements have role in metabolic processes such asPermeability of cell membrane.

- Maintenance of osmotic concentration of cell sap.
- Electron transport systems.
- Buffering action.
- Enzymatic activity.
- Constituents of macromolecules and co-enzymes.

Nitrogen:

- This is required by plants in the greatest amount.
- It is absorbed mainly as NO₃⁻. Some are also taken up as NO₂⁻ or NH⁴⁺.
- It is essential for all plant parts, particularly the meristematic tissues and the metabolically active cells.
- It is the major constituents of amino acids, proteins, nucleic acids, chlorophyll, vitamins and hormones.

Phosphorus:

- It is absorbed by plants from soil as phosphate ions (as H_2PO_4 or HPO_4).
- It is a constituent of cell membranes, certain proteins, all nucleic acids and nucleotides.
- It is required for all phosphorylation reactions.

Potassium:

- It is absorbed as potassium ion (K⁺).
- Essential in meristematic tissues, buds, leaves & root tips.
- It maintains an anion-cation balance in cells.
- It is involved in protein synthesis, opening & closing of stomata, activation of enzymes and in the maintenance of the turgidity of cells.

Calcium:

- It is absorbed from the soil as calcium ions (Ca²⁺).
- It is required by meristematic and differentiating tissues.
- During cell division, it is used in the synthesis of cell wall, particularly as calcium pectate in middle lamella. It is also needed during the formation of mitotic spindle.

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- It accumulates in older leaves.
- It is involved in the functioning of the cell membranes.
- It activates some enzymes and regulates metabolic activities.

Magnesium:

- It is absorbed by plants as divalent Mg^{2+} .
- It activates enzymes of respiration & photosynthesis.
- It is involved in the synthesis of DNA and RNA.
- It is a constituent of the ring structure of chlorophyll.
- It helps to maintain the ribosome structure.

Sulphur:

- Plants obtain it as sulphate $(SO)_4^{2-}$.
- It is present in 2 amino acids (cysteine & methionine).
- It is the constituent of several coenzymes, vitamins (thiamine, biotin, Coenzyme A) and ferredoxin.

Iron:

- Plants obtain iron as ferric ions (Fe³⁺).
- It is required in larger amounts in comparison to other micronutrients.
- It is a main constituent of proteins involved in the transfer of electrons like ferredoxin and cytochromes.
- It is reversibly oxidized from Fe²⁺ to Fe³⁺ during electron transfer.
- It activates *catalase* enzyme, and is essential for the formation of chlorophyll.

Manganese:

- It is absorbed as manganous ions (Mn^{2+}) .
- It activates many enzymes involved in photosynthesis, respiration and nitrogen metabolism.
- The best defined function of manganese is in the splitting of water to liberate O₂ during photosynthesis.

Zinc:

- Plants obtain zinc as Zn^{2+} ions.
- It activates various enzymes, especially *carboxylases*.
- It is needed in the synthesis of auxin.

Copper:

- It is absorbed as cupric ions (Cu^{2+}) .
- It is essential for the overall metabolism in plants.
- Like iron, it is associated with some enzymes in redox reactions and is reversibly oxidised from Cu⁺ to Cu²⁺.

Boron:

- It is absorbed as BO_3^{3-} or $B_4O_7^{2-}$.
- It is required for uptake & utilisation of Ca²⁺, membrane functioning, pollen germination, cell elongation, cell differentiation & carbohydrate translocation.

Molybdenum:

- Plants obtain it as molybdate ions (MoO)2²⁺.
- It is a component of many enzymes such as *nitrogenase* & *nitrate reductase*. These enzymes participate in nitrogen metabolism.

Chlorine:

- It is absorbed as chloride anion (Cl⁻).
- Along with Na⁺ & K⁺, it helps in determining the solute concentration and the anion-cation balance in cells.
- It is essential for the water-splitting reaction in photosynthesis that leads to oxygen evolution.

Deficiency Symptoms of Essential Elements

- Deficiency of an essential element causes retarded growth.
- Concentration of an essential element below which plant growth is retarded is called **critical concentration**. The element is said to be deficient when present below the critical concentration.
- The morphological changes due to deficiency or absence of an element are called **deficiency symptoms.**
- Deficiency symptoms vary from element to element.
- The plant parts that show the deficiency symptoms depend on the mobility of the element. For elements that are actively mobilized and exported to young developing tissues, the deficiency symptoms appear first in the older tissues. E.g. deficiency symptoms of nitrogen, potassium and magnesium are visible first in the senescent leaves.
- In older leaves, biomolecules containing these elements are broken down. It makes these elements available for mobilizing to younger leaves.
- If the elements are relatively immobile and are not transported out of the mature organs, the deficiency symptoms appear first in the young tissues. E.g. S and Ca are part of the structural component of the cell and hence are not easily released.
- This aspect of mineral nutrition has great significance in agriculture and horticulture.
- The deficiency symptoms include chlorosis, necrosis, stunted growth, premature fall of leaves & buds and inhibition of cell division.
- **Chlorosis** is the loss of chlorophyll leading to yellowing in leaves. It is due to the deficiency of elements N, K, Mg, S, Fe, Mn, Zn and Mo.
- **Necrosis** is the death of tissue, particularly leaf tissue. It is due to the deficiency of Ca, Mg, Cu, K.
- Lack or low level of N, K, S & Mo inhibits cell division. Low concentration of N, S, Mo etc. delay flowering.
- Deficiency of different elements may cause same symptoms. Hence, to identify the deficient element, all the symptoms are studied. Also, different plants respond differently to the deficiency of the same element.

Toxicity of Micronutrients

- A moderate increase in micronutrients causes toxicity.
- Any mineral ion concentration in tissues that reduces the dry weight of tissues by about 10% is considered toxic. Such critical concentrations vary widely among different micronutrients.
- The toxicity symptoms are difficult to identify. Toxicity levels for an element also vary for different plants.
- Excess of an element may inhibit the uptake of another element. E.g. Excess of Mn induces deficiencies of Fe, Mg & Ca because it competes with Fe & Mg for uptake and with Mg for binding with enzymes. Mn also inhibits Ca translocation in shoot apex. Thus symptoms of Mn toxicity may actually be the deficiency symptoms of Fe, Mg & Ca. Main symptom of manganese toxicity is the appearance of brown spots surrounded by chlorotic veins.

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MECHANISM OF ABSORPTION OF ELEMENTS

- The inward movement of ions into the cells is called **influx** and the outward movement is efflux.
- The process of absorption includes 2 main phases:
 - First phase: Initial rapid and passive uptake of ions into the apoplast (free space or outer space) of cells. It usually occurs through ion-channels (trans-membrane proteins that function as selective pores).
 - Second phase: The ions are taken in slowly into the symplast (inner space or cytoplasm) of the cells. It is an active process (requires energy).

Translocation of solutes

- Mineral salts are translocated through xylem along with the ascending stream of water.
- Analysis of xylem sap shows the presence of mineral salts

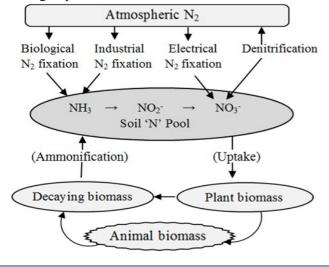
METABOLISM OF NITROGEN

Nitrogen Cycle

- Nitrogen is the most prevalent element in living organisms.
- Plants compete with microbes for the limited nitrogen in soil. Thus, nitrogen is a limiting nutrient for natural and agricultural eco-systems.
- The process of conversion of atmospheric nitrogen (N₂ or $N \equiv N$) to ammonia is called **nitrogen fixation**.
- In nature, lightning and UV radiation provide energy to convert nitrogen to nitrogen oxides (NO, NO₂, N₂O). Industrial combustions, forest fires, automobile exhausts and power-generating stations are also sources of atmospheric nitrogen oxides.
- Decomposition of organic nitrogen of dead plants and animals into ammonia is called **ammonification**.
- Some of this ammonia volatilizes and re-enters atmosphere but most of it is oxidised into nitrate by soil **nitrifying** bacteria (Nitrosomonas, Nitrococcus & Nitrobacterchemo-autotrophs). These steps are called nitrification. $2NH_3 + 3O_2 \stackrel{Nitrosomonas, Nitrococcus}{2NO} + 2H^+ + 2H_2O$

Nitrobacter $\rightarrow 2NO_3^ 2NO_2^{-} + O_2 -$

- Plants absorb the nitrate and is transported to the leaves. In leaves, it is reduced to form ammonia that finally forms the amine group of amino acids.



in it. Use of radioisotopes of mineral elements also proved that they are transported through the xylem.

Soil as Reservoir of Essential Elements

Weathering and breakdown of rocks enrich the soil with dissolved ions and inorganic salts.

Roles of soil:

- o It supplies minerals and holds water.
- It harbours nitrogen-fixing bacteria and other microbes.
- It supplies air to the roots.
- It acts as a matrix that stabilizes the plant.

Deficiency of essential minerals affects the crop-yield. So fertilisers should be supplied. Both macro-nutrients and micro-nutrients form components of fertilisers.

- Nitrate present in the soil is also reduced to nitrogen by the process of denitrification. It is carried by bacteria Pseudomonas and Thiobacillus.

Biological Nitrogen Fixation

- It is the reduction of N2 to NH3 by living organisms in presence of *nitrogenase* enzyme.

$N \equiv N \xrightarrow{Nitrogenase} NH_3$

- Very few organisms can utilize the nitrogen in the form of N₂ in the air.
- Only certain prokaryotic species have Nitrogenase enzyme and capability to fix N₂. They are called N₂- fixers.
- Nitrogen-fixing microbes are 2 types:
 - Free-living: E.g. Azotobacter & Beijerinckia (aerobic microbes), Rhodospirillum & Bacillus (anaerobic), cyanobacteria such as Anabaena & Nostoc.
- Symbiotic: E.g. Rhizobium (aerobic).

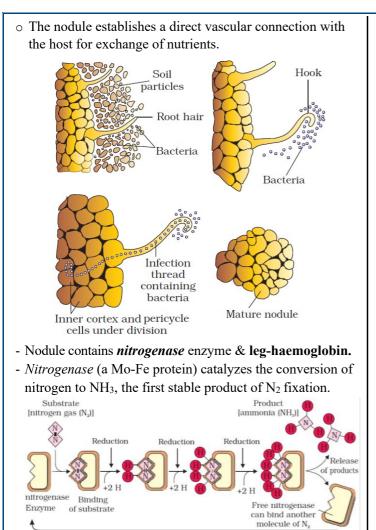
Symbiotic Biological Nitrogen Fixation

- Legume-bacteria relationship: Most prominent. E.g. Rhizobium species (rod-shaped) seen in the roots of legumes such as alfalfa, sweet clover, sweet pea, lentils, garden pea, broad bean, clover beans etc.
- The most common association on roots is as **nodules**.
- The microbe, Frankia also produces N₂ fixing nodules on the roots of non-leguminous plants (e.g. Alnus).
- Rhizobium & Frankia are free-living in soil, but as symbionts, can fix atmospheric nitrogen.
- Central part of a nodule is red or pink coloured due to the presence of leguminous haemoglobin (leg-haemoglobin).

Principal stages in the Nodule formation:

- o Rhizobia multiply and colonise the surroundings of the roots and get attached to epidermal and root hair cells.
- o Root-hairs curl and the bacteria invade the root-hair.
- An infection thread is produced carrying the bacteria into root cortex, where they initiate nodule formation.
- The bacteria are released from thread into cells. It leads to differentiation of specialized nitrogen fixing cells.

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- $\frac{N + 8e^{-} + 8H^{+} + 16 \text{ ATP} \rightarrow 2NH + H + 16\text{ ADP} + 16P}{_{3}}_{_{2}}$ - Ammonia synthesis needs high input energy (8 ATP for
- each NH₃). It is obtained from the respiration of host cells. *Nitrogenase* is highly sensitive to the molecular oxygen. So
- it requires anaerobic conditions to protect from oxygen. For this, **leg-haemoglobin** acts as an **oxygen scavenger**.

- *Rhizobia* are aerobic under free-living conditions (where *nitrogenase* is not operational), but during N₂-fixing events, they become anaerobic (to protect *nitrogenase*).

Fate of ammonia:

- At physiological pH, the NH₃ is protonated to form NH₄⁺ (ammonium) ion. Most of the plants can assimilate nitrate and NH₄⁺. But NH₄⁺ is quite toxic to plants and so cannot accumulate in them.
- In plants, $\mathrm{NH_4^+}\,is$ used to synthesize amino acids by 2 ways:
 - a. Reductive amination: In this, ammonia reacts with α -ketoglutaric acid to form glutamic acid.

 α - ketoglutaric acid + NH₄⁺ + NADPH

 $\underbrace{Glutamate \ dehydrogenase}_{Glutamate \ + H_2O \ + \ NADP}$

b. Transamination: It is the transfer of amino group (NH₂) from one amino acid to the keto group of a keto acid in presence of *transaminase* enzyme. Glutamic acid is the main amino acid from which the transfer of NH₂ takes place and other amino acids are formed through transamination. For example,

$$\begin{array}{ccccccc} H & H \\ R_{1}-C-COO^{-} + R_{2}-C-COO^{-} & & & H \\ R_{1}-C-COO^{-} + R_{2}-C-COO^{-} & & & H \\ H \\ NH_{3}^{*} & O & & & \\ NH_{3}^{*} & O & & \\ \end{array}$$

- Asparagine & glutamine are most important amides found in plants. They are structural part of proteins. They are formed from 2 amino acids (aspartic acid & glutamic acid) by addition of another amino group to each. The hydroxyl part of the acid is replaced by another NH₂⁻ radical.
 Since amides contain more nitrogen than the amino acids,
- they are transported to other parts of the plant via xylem vessels. In addition, along with the transpiration stream the nodules of some plants (e.g. soyabean) export the fixed nitrogen as **ureides.** These compounds also have particularly high nitrogen to carbon ratio.

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